



Referral Form

Client Information:

Full Name	
Date of Birth	
Phone Number	

Physician Information: I have referred the above patient to Nutrition By Carrie.

Provider Name	
NPI #	
Phone Number	
Email	
Fax Number	
Address	

For doctor's office:

- Please fax the most recent and relevant clinical information, physician notes, and labs (i.e. CMP/CBC, HbA1c, lipid panels, blood pressure, etc.)
- Clinical information: please check all applicable reasons for referral. Write in additional diagnoses with ICD-10 codes.

Provider Signature **(REQUIRED)**: _____

Date: _____

Confidentiality Notice This transmission may contain confidential and privileged information. Please convey to the attention of the intended recipient immediately if you have received this communication in error. Please notify us by telephone and return the original message to use by mail.



<p>Eating Disorders</p> <p>___ F50.00 Anorexia nervosa, Unspecified</p> <p><i>Anorexia nervosa, Restricting type</i></p> <p>___ F50.010 mild ___ F50.011 moderate ___ F50.012 severe ___ F50.013 extreme ___ F50.014 in remission ___ F50.019 unspecified</p> <p><i>Anorexia nervosa, Binge-eating/purging type</i></p> <p>___ F50.020 mild ___ F50.021 moderate ___ F50.022 severe ___ F50.023 extreme ___ F50.024 in remission ___ F50.029 unspecified</p> <p><i>Bulimia nervosa</i></p> <p>___ F50.21 mild ___ F50.22 moderate ___ F50.23 severe ___ F50.24 extreme ___ F50.25 in remission ___ F50.20 unspecified</p> <p><i>Binge eating disorder</i></p> <p>___ F50.810 mild ___ F50.811 moderate ___ F50.812 severe ___ F50.813 extreme ___ F50.814 in remission ___ F50.819 unspecified</p> <p>___ F50.82 Avoidant/restrictive food intake disorder (ARFID) ___ F50.83 Pica in adults ___ F50.89 Other specified eating disorder (OSFED) ___ F50.9 Eating disorder, unspecified</p>	<p>Diabetes and Endocrine</p> <p>___ E10.64 Type 1 diabetes with hypoglycemia ___ E10.65 Type 1 diabetes with hyperglycemia ___ E10.9 Type 1 diabetes without complications ___ E11.64 Type 2 diabetes with hypoglycemia ___ E11.65 Type 2 diabetes with hyperglycemia ___ E11.9 Type 2 diabetes without complications ___ Z83.3 Family history of diabetes mellitus ___ R73.03 Prediabetes ___ R73.01 Impaired glucose, fasting ___ E16.2 Hypoglycemia, unspecified ___ E28.2 Polycystic ovarian syndrome (PCOS) ___ E88.810 Metabolic syndrome ___ E88.811 Insulin resistance syndrome, Type A ___ E88.818 Other insulin resistance ___ E88.819 Insulin resistance, unspecified</p>
<p>Basic Nutrition/BMI*</p> <p>___ Z71.3 Dietary counseling and surveillance ___ Z72.4 Inappropriate diet & eating behaviors ___ E63.9 Nutritional deficiency, unspecified ___ R63.4 Abnormal Weight Loss ___ N91.2 Amenorrhea, unspecified ___ E44.0 Moderate protein-calorie malnutrition ___ E44.1 Mild protein-calorie malnutrition ___ R63.6 Underweight* ___ E66.3 Overweight* ___ E66.01 Morbid (severe) obesity due to excess calories* ___ E66.09 Other obesity due to excess calories* ___ E66.811 Obesity, class 1* ___ E66.812 Obesity, class 2* ___ E66.813 Obesity, class 3* ___ E66.9 Obesity, unspecified*</p>	<p>Lipid and Cardiovascular</p> <p>___ E78.00 Hypercholesterolemia ___ E78.1 Hypertriglyceridemia ___ E78.2 Hyperlipidemia, mixed ___ E78.5 Hyperlipidemia, unspecified ___ I10 Hypertension ___ Z82.41 Family history sudden cardiac death ___ Z82.49 Family history of ischemic heart disease & other diseases of circulatory system</p> <p>Gastrointestinal</p> <p>___ E73.9 Lactose intolerance, unspecified ___ K50.90 Crohn's disease, unspecified ___ K51.90 Ulcerative colitis, unspecified ___ K90.0 Celiac disease ___ K57.90 Diverticulosis ___ K57.92 Diverticulitis ___ K21.9 Reflux/GERD ___ K58.0 Irritable bowel syndrome, diarrhea ___ K58.1 Irritable bowel syndrome, constipation ___ K58.2 Mixed irritable bowel syndrome ___ K58.9 Irritable bowel syndrome without diarrhea</p>
<p><i>*Note: Nutrition By Carrie doesn't support the use of BMI as a reliable indicator of health. At the same time, we may use the codes for "overweight" or "obese" for insurance coverage/reimbursement.</i></p>	<p>Other Diagnoses + ICD10 Code (including BMI WNL)</p> <p>_____</p> <p>_____</p> <p>_____</p>